

Lyndsey Frank

LyndseyBFrank@gmail.com

SAG/AFTRA Eligible

TV & NEW MEDIA

Josh Gates Tonight	Recurring	Discovery
Breaking News	Guest Star	Dropout TV
Gross Couple	Guest Star	CollegeHumor

FILM

Bree And Lyndsey	Lead	Breana Helders dir.
Playing House	Lead	Carmen Angelica dir.
The Clothing Swap	Supporting	Sarah Stoecker dir.

WEB SERIES

Social Media Fights	Guest Star	Nick Rasmussen dir.
Broken Up	Guest Star	Kerry O'Neill dir.
Honest Roommates	Recurring	Nick Rasmussen dir.

LIVE COMEDY

Harold Night	Cast	Upright Citizens Brigade (UCB)
Improv at the Stand Up	Host	The Comedy Co-op
The Harold Experience	Host	The Harold Experience
Sketch Showdown	Performer	UCB
UCB Drag Race	Dancer	Dynasty Typewriter
Performing Artist	Cast	LifePlay Productions
House Team	Cast	National Comedy Theatre

TRAINING

UCB Los Angeles (Improv 101 - Academy), NCT San Diego (Improv Levels 1 - 3), Anthony Meindl's Actor Workshop (Ongoing Scene Study), Joe Fahey's Commercial Audition Class

SPECIAL SKILLS

American sign language, jazz dance, modern dance, dramatic & comedic improvisation